

2014-15 TRITON WOMEN'S BEST MARKS

50 Freestyle

Colleen Daley	23.23	&*	A3 Performance Invitational	11/20
Austine Lee	23.26	&+	PCSC Championships	2/19
A. Phetbenjakul	23.69	&+	A3 Performance Invitational	11/20
Jaclyn Amog	23.71	&+	NCAA Championships	3/11
Natalie Tang	23.78	&+	PCSC Championships	2/19
Haley Murphy	23.94	*	PCSC Championships	2/19
Catherine Woo	24.05	&	PCSC Championships	2/19
Eva Chen	24.13	+	A3 Performance Invitational	11/20
Jaimie Bryan	24.30	+	A3 Performance Invitational	11/20
Julia Toronczak	24.48	+	PCSC Championships	2/19
Jayna Wittenbrink	24.50	+	PCSC Championships	2/19
Naomi Thomas	24.51	+	A3 Performance Invitational	11/20
Erin Schoenfeld	24.80	+	A3 Performance Invitational	11/20
Summer Bennett	24.97	*	A3 Performance Invitational	11/20
Lilly Parks	25.12	+	PCSC Championships	2/19
Cypress Lampe	25.20	+	A3 Performance Invitational	11/20
Caitlyn Lozano	25.81	+	PCSC Championships	2/19
Simone Gagnon	25.88	+	PCSC Championships	2/19
Stephanie Sin	25.89	*	UC Santa Barbara	11/7
Megan Lee	26.27	+	A3 Performance Invitational	11/20

100 Freestyle

Colleen Daley	50.99	&	PCSC Championships	2/21
Natalie Tang	51.09	&*	NCAA Championships	3/14
Maddy Huttner	51.95	&*	PCSC Championships	2/21
Jaclyn Amog	52.09	&+	NCAA Championships	3/14
Catherine Woo	52.35	&	PCSC Championships	2/21
Jayna Wittenbrink	52.37	&	PCSC Championships	2/21
A. Phetbenjakul	52.52	&+	A3 Performance Invitational	11/22
Haley Murphy	52.62	&*	PCSC Championships	2/21
Julia Toronczak	52.77		PCSC Championships	2/21
Haley Hamza	53.24	*	A3 Performance Invitational	11/22
Naomi Thomas	53.63	+	A3 Performance Invitational	11/22
Cypress Lampe	53.69	+	A3 Performance Invitational	11/22
Austine Lee	53.85	*	Colorado Mesa/San José State	1/4
Summer Bennett	54.02	+	A3 Performance Invitational	11/22
Stephanie Sin	54.02		Colorado Mesa/San José State	1/4
Erin Schoenfeld	54.63	+	A3 Performance Invitational	11/22
Jaimie Bryan	55.07	*	Colorado Mesa/San José State	1/4
Holly Fosmire	55.09	+	PCSC Championships	2/21
Simone Gagnon	55.67	+	A3 Performance Invitational	11/22
Reilly Boyt	1:21.50	@	PCSC Championships	2/21

200 Freestyle

Dari Watkins	1:50.80	&+	PCSC Championships	2/20
Stephanie Sin	1:50.87	&	A3 Performance Invitational	11/21
Natalie Tang	1:51.11	&*	PCSC Championships	2/18
Julia Toronczak	1:51.13	&	NCAA Championships	3/12
Catherine Woo	1:52.78	&+	A3 Performance Invitational	11/21
Jayna Wittenbrink	1:53.25	&+	PCSC Championships	2/20
Maddy Huttner	1:54.27		University of San Diego	1/31
Haley Hamza	1:54.43	+	A3 Performance Invitational	11/21
Jessica Norgaard	1:54.55	+	A3 Performance Invitational	11/21
Haley Murphy	1:54.91	+	PCSC Championships	2/20
Colleen Daley	1:57.97		Colorado Mesa/San José State	1/4
Naomi Thomas	2:00.82		LMU/CSU Bakersfield	1/10
Reilly Boyt	2:56.64		California Baptist	1/17

500 Freestyle

Stephanie Sin	4:57.20	&	PCSC Championships	2/19
Haley Hamza	4:59.09	&	A3 Performance Invitational	11/20
Jessica Norgaard	5:02.99	&+	A3 Performance Invitational	11/20
Dari Watkins	5:14.35		California Baptist	1/17
Megan Lee	5:23.38		Grand Canyon	1/3

1000 Freestyle

Stephanie Sin	10:03.22	!&	NCAA Championships	3/11
Haley Hamza	10:15.65	&	PCSC Championships	2/18
Jessica Norgaard	10:27.48	&	PCSC Championships	2/18
Megan Lee	10:36.39		PCSC Championships	2/18

1650 Freestyle

Stephanie Sin	16:55.65	!&	PCSC Championships	2/21
Haley Hamza	17:17.35	&	PCSC Championships	2/21
Megan Lee	17:40.35		PCSC Championships	2/21
Jessica Norgaard	17:53.61		PCSC Championships	2/21

50 Backstroke

Austine Lee	26.60	*	PCSC Championships	2/18
Julia Toronczak	26.89	*	PCSC Championships	2/18
Erin Schoenfeld	27.63	*	A3 Performance Invitational	11/21
Stephanie Sin	28.15	*	University of San Diego	1/31
Natalie Tang	28.23	*	UC Santa Barbara	11/7

100 Backstroke

Julia Toronczak	56.44	&+	NCAA Championships	3/13
Natalie Tang	58.21	+	PCSC Championships	2/20
Haley Hamza	58.63	+	PCSC Championships	2/20
Erin Schoenfeld	58.79		PCSC Championships	2/20
Maddy Huttner	59.73	*	California Baptist	1/17
Stephanie Sin	59.94	*	A3 Performance Invitational	11/20
Morgan King	1:01.22		PCSC Championships	2/20
Holly Fosmire	1:01.50	+	A3 Performance Invitational	11/21

200 Backstroke

Julia Toronczak	1:59.14	&	PCSC Championships	2/21
Maddy Huttner	2:03.35	&	PCSC Championships	2/21
Stephanie Sin	2:05.89	+	A3 Performance Invitational	11/22
Dari Watkins	2:09.82	+	A3 Performance Invitational	11/22
Holly Fosmire	2:11.66	+	A3 Performance Invitational	11/22

100 Breaststroke

Eva Chen	1:03.41	&+	A3 Performance Invitational	11/21
Austine Lee	1:03.41	&	PCSC Championships	2/20
Lilly Parks	1:03.80	&@	PCSC Championships	2/21
Jaimie Bryan	1:03.95	&+	NCAA Championships	3/13
A. Phetbenjakul	1:04.16	&+	A3 Performance Invitational	11/21
Jaclyn Amog	1:06.34	+	A3 Performance Invitational	11/21
Haley Murphy	1:07.44	+	A3 Performance Invitational	11/21
Morgan King	1:10.27	+	A3 Performance Invitational	11/21
Reilly Boyt	1:37.51	+	PCSC Championships	2/20

200 Breaststroke

Jaimie Bryan	2:16.70	&+	PCSC Championships	2/21
Eva Chen	2:17.38	&	PCSC Championships	2/21
Austine Lee	2:18.46	&	PCSC Championships	2/21
Lilly Parks	2:21.13	&	PCSC Championships	2/21
A. Phetbenjakul	2:24.89		UC Santa Barbara	11/7
Morgan King	2:27.76	+	PCSC Championships	2/21
Megan Lee	2:30.09		Colorado Mesa/San José State	1/4

100 Butterfly

Jaclyn Amog	54.76	&+	PCSC Championships	2/20
Naomi Thomas	55.42	&+	PCSC Championships	2/20
Eva Chen	56.35	&@	PCSC Championships	2/21
Dari Watkins	56.47	&+	NCAA Championships	3/12
Jayna Wittenbrink	56.58	&+	A3 Performance Invitational	11/21
Caitlyn Lozano	57.84	@	PCSC Championships	2/21
Catherine Woo	58.02	+	A3 Performance Invitational	11/21
Cypress Lampe	58.53	+	A3 Performance Invitational	11/21
Maddy Huttner	58.72		Colorado Mesa/San José State	1/4
Summer Bennett	58.89	+	PCSC Championships	2/20
Erin Schoenfeld	58.91	+	PCSC Championships	2/20
Holly Fosmire	59.07	+	A3 Performance Invitational	11/21
Natalie Tang	59.71		University of San Diego	1/31
Simone Gagnon	1:00.34	@	PCSC Championships	2/21

200 Butterfly

Naomi Thomas	2:02.66	&+	PCSC Championships	2/21
Dari Watkins	2:03.57	&+	NCAA Championships	3/13
Jayna Wittenbrink	2:06.61	&	A3 Performance Invitational	11/22
Caitlyn Lozano	2:06.83	&	A3 Performance Invitational	11/22
Jessica Norgaard	2:07.39	+	PCSC Championships	2/21
Megan Lee	2:09.10	+	PCSC Championships	2/21
Holly Fosmire	2:12.63	+	PCSC Championships	2/21
Morgan King	2:16.89		UC Santa Barbara	11/7

200 Individual Medley

Maddy Huttner	2:04.22	&	PCSC Championships	2/19
Eva Chen	2:04.54	&+	PCSC Championships	2/19
Jaimie Bryan	2:06.25	&	PCSC Championships	2/19
Austine Lee	2:08.61	+	PCSC Championships	2/19
Naomi Thomas	2:09.16	+	A3 Performance Invitational	11/20
Megan Lee	2:09.34	+	PCSC Championships	2/19
Lilly Parks	2:09.38	+	A3 Performance Invitational	11/20
Morgan King	2:10.52	+	A3 Performance Invitational	11/20
Summer Bennett	2:10.96	+	PCSC Championships	2/19
Holly Fosmire	2:13.92	+	PCSC Championships	2/19
Simone Gagnon	2:14.04	+	A3 Performance Invitational	11/20
Cypress Lampe	2:14.13	+	A3 Performance Invitational	11/20
Caitlyn Lozano	2:15.80	+	A3 Performance Invitational	11/20
Maelyn Adornetto	2:18.99		SDSU/Air Force/Incarinate Word	12/29
Reilly Boyt	3:11.56	+	PCSC Championships	2/19

400 Individual Medley

Maddy Huttner	4:24.01	&	PCSC Championships	2/20
Jaimie Bryan	4:25.61	&	NCAA Championships	3/12
Megan Lee	4:30.75	&@	PCSC Championships	2/21
Eva Chen	4:31.50	&+	A3 Performance Invitational	11/21
Morgan King	4:35.91	@	PCSC Championships	2/21

1 Meter Diving (6 Dives)

Natalie Mouzooni	212.30		PCSC Championships	2/20
Allyson Cohen	196.15		San Diego State/Incarinate Word	12/29
Liz Bird	195.10	+	PCSC Championships	2/20

3 Meter Diving (6 Dives)

Liz Bird	214.25		PCSC Championships	2/18
Natalie Mouzooni	206.03		California Baptist	1/17
Allyson Cohen	189.75		CSU Bakersfield	1/10

200 Freestyle Relay

A. Lee, Daley, Phetbenjakul, Tang	1:32.69	&	PCSC Championships	2/19
Daley, A. Lee, Amog, Tang	1:33.42	&	NCAA Championships	3/12
Daley, A. Lee, Phetbenjakul, Tang	1:33.70	&+	NCAA Championships	3/12
Daley, Phetbenjakul, A. Lee, Woo	1:34.14	&	A3 Performance Invitational	11/20
Daley, A. Lee, Phetbenjakul, Woo	1:35.93	&	California Baptist	1/17

400 Freestyle Relay

Tang, Woo, Huttner, Daley	3:24.55	&	NCAA Championships	3/14
Tang, Woo, Huttner, Daley	3:25.05	&+	NCAA Championships	3/14
Huttner, Tang, Woo, Daley	3:26.42	&	PCSC Championships	2/21
Daley, Woo, Tang, Phetbenjakul	3:27.16	&	A3 Performance Invitational	11/22
Murphy, Bennett, Sin, Toronczak	3:30.56	&	PCSC Championships	2/21

800 Freestyle Relay

Toronczak, Huttner, Watkins, Tang	7:22.44	#	NCAA Championships	3/13
Tang, Huttner, Watkins, Woo	7:23.23	#	PCSC Championships	2/18
Tang, Sin, Watkins, Woo	7:32.79	&	A3 Performance Invitational	11/21
Toronczak, Wittenbrink, Lampe, Bennett	7:41.29	&	PCSC Championships	2/18
Wittenbrink, Norgaard, Toronczak, Hamza	7:43.70	&	A3 Performance Invitational	11/21

200 Medley Relay

A. Lee, Bryan, Amog, Daley	1:42.41	&	NCAA Championships	3/11
A. Lee, Bryan, Amog, Daley	1:42.61	&	PCSC Championships	2/18
A. Lee, Bryan, Amog, Daley	1:43.19	&+	NCAA Championships	3/11
A. Lee, Bryan, Amog, Daley	1:44.40	&	A3 Performance Invitational	11/21
Toronczak, Chen, Thomas, Phetbenjakul	1:44.60	&	PCSC Championships	2/18

400 Medley Relay

Toronczak, Bryan, Amog, Daley	3:45.89	&	NCAA Championships	3/12
Toronczak, A. Lee, Thomas, Daley	3:46.29	&	PCSC Championships	2/20
Toronczak, A. Lee, Thomas, Daley	3:47.73	&+	NCAA Championships	3/12
Toronczak, Chen, Thomas, Daley	3:48.02	&	A3 Performance Invitational	11/20
Toronczak, Chen, Thomas, Daley	3:51.51	&	California Baptist	1/17

! - School Record

- NCAA A Cut (Automatic Qualifier)

& - NCAA B Cut (Consideration Qualifier)

* - Relay/Split + - Prelim @ - Time Trial

Dual Meet Individual Wins

Haley Hamza	1000 Free (10:42.47)	CMS (10/25)
Stephanie Sin	200 Free (1:53.33)	CMS (10/25)
Julia Toronczak	100 Back (58.13)	CMS (10/25)
Jaimie Bryan	100 Breast (1:05.41)	CMS (10/25)
Naomi Thomas	200 Fly (2:05.50)	CMS (10/25)
Angie Phetbenjakul	100 Free (53.40)	CMS (10/25)
Julia Toronczak	200 Back (2:05.95)	CMS (10/25)
Eva Chen	200 Breast (2:21.07)	CMS (10/25)
Stephanie Sin	500 Free (5:05.11)	CMS (10/25)
Naomi Thomas	100 Fly (56.85)	CMS (10/25)
Jaimie Bryan	200 IM (2:09.93)%	CMS (10/25)
Stephanie Sin	1000 Free (10:26.84)	UCSB (11/7)
Julia Toronczak	200 Back (2:04.84)	UCSB (11/7)
Jaclyn Amog	100 Fly (57.36)	UCSB (11/7)
Stephanie Sin	1000 Free (10:33.59)	UIW (12/29)
Natalie Tang	200 Free (1:55.57)	UIW (12/29)
Julia Toronczak	100 Back (58.24)	AFA (12/29)
Julia Toronczak	100 Back (58.24)	UIW (12/29)
Austine Lee	100 Breast (1:06.11)	AFA (12/29)
Austine Lee	100 Breast (1:06.11)	UIW (12/29)
Dari Watkins	200 Fly (2:08.82)	UIW (12/29)
Colleen Daley	50 Free (24.25)	AFA (12/29)
Colleen Daley	100 Free (53.53)	UIW (12/29)
Julia Toronczak	200 Back (2:05.34)	AFA (12/29)
Julia Toronczak	200 Back (2:05.34)	UIW (12/29)
Jaimie Bryan	200 Breast (2:24.96)	UIW (12/29)
Stephanie Sin	500 Free (5:07.45)	UIW (12/29)
Naomi Thomas	100 Fly (58.49)	AFA (12/29)
Natalie Tang	200 Free (1:56.87)	GCU (1/3)
Eva Chen	200 Breast (2:25.28)	GCU (1/3)
Haley Hamza	500 Free (5:19.31)	GCU (1/3)
Naomi Thomas	100 Fly (58.36)	GCU (1/3)
Megan Lee	1000 Free (11:00.84)	CMU (1/4)
Stephanie Sin	200 Free (1:53.18)	CMU (1/4)
Stephanie Sin	200 Free (1:53.18)	SJSU (1/4)
Natalie Tang	100 Back (1:01.11)	CMU (1/4)
Eva Chen	100 Breast (1:06.64)	CMU (1/4)
Naomi Thomas	200 Fly (2:07.62)	CMU (1/4)
Austine Lee	50 Free (24.01)	CMU (1/4)
Austine Lee	50 Free (24.01)	SJSU (1/4)
Stephanie Sin	100 Free (54.02)	CMU (1/4)
Julia Toronczak	200 Back (2:03.39)	CMU (1/4)
Jaimie Bryan	200 Breast (2:22.87)	CMU (1/4)
Jaimie Bryan	200 Breast (2:22.87)	SJSU (1/4)
Stephanie Sin	500 Free (5:08.55)	CMU (1/4)
Naomi Thomas	100 Fly (57.39)	CMU (1/4)
Eva Chen	400 IM (4:35.93)	CMU (1/4)
Stephanie Sin	1000 Free (10:32.77)	LMU (1/10)
Julia Toronczak	100 Back (58.11)	CSUB (1/10)
Austine Lee	100 Breast (1:05.65)	CSUB (1/10)
Austine Lee	100 Breast (1:05.65)	LMU (1/10)
Austine Lee	50 Free (24.16)	CSUB (1/10)
Julia Toronczak	200 Back (2:04.26)	CSUB (1/10)
Julia Toronczak	200 Back (2:04.26)	LMU (1/10)
Austine Lee	200 Breast (2:22.24)	CSUB (1/10)
Austine Lee	200 Breast (2:22.24)	LMU (1/10)
Stephanie Sin	500 Free (5:07.71)	CSUB (1/10)
Stephanie Sin	500 Free (5:07.71)	LMU (1/10)
Jaclyn Amog	100 Fly (58.40)	CSUB (1/10)
Maddy Huttner	200 IM (2:08.22)	CSUB (1/10)
Stephanie Sin	1000 Free (10:23.96)	CBU (1/17)
Catherine Woo	200 Free (1:54.34)	CBU (1/17)
Austine Lee	100 Breast (1:04.04)	CBU (1/17)
Colleen Daley	50 Free (24.01)	CBU (1/17)

Colleen Daley	100 Free (52.50)	CBU (1/17)
Stephanie Sin	500 Free (5:03.83)	CBU (1/17)
Naomi Thomas	100 Fly (56.52)	CBU (1/17)
Maddy Huttner	200 IM (2:07.62)	CBU (1/17)
Stephanie Sin	200 Free (1:53.03)	USD (1/31)
Julia Toronczak	100 Back (57.06)%	USD (1/31)
Austine Lee	100 Breast (1:04.39)	USD (1/31)
Austine Lee	50 Free (23.95)	USD (1/31)
Julia Toronczak	200 Back (2:05.19)	USD (1/31)
Jaimie Bryan	200 Breast (2:20.86)	USD (1/31)
Jaclyn Amog	100 Fly (56.47)	USD (1/31)
Maddy Huttner	200 IM (2:06.44)	USD (1/31)

Dual Meet Relay Wins

200 Medley (A. Lee, Bryan, Amog, Phetbenjakul),	1:46.06	CMS (10/25)
400 Free (Tang, Wittenbrink, Phetbenjakul, Sin),	3:34.33%	CMS (10/25)
200 Medley (A. Lee, Bryan, Thomas, Daley),	1:48.48	UIW (12/29)
400 Free (Phetbenjakul, Woo, Tang, Daley),	3:36.74	UIW (12/29)
200 Free (Tang, Amog, Chen, Murphy),	1:38.56	GCU (1/3)
200 Medley (A. Lee, Bryan, Amog, Daley),	1:46.11	CMU (1/4)
400 Free (Daley, Tang, Woo, Sin),	3:31.83	CMU (1/4)
200 Medley (A. Lee, Bryan, Amog, Daley),	1:46.91	CSUB (1/10)
200 Medley (A. Lee, Bryan, Amog, Daley),	1:46.91	LMU (1/10)
400 Free (Daley, Sin, Woo, Tang),	3:34.09	LMU (1/10)
200 Free (Daley, A. Lee, Phetbenjakul, Woo),	1:35.93	CBU (1/17)
200 Medley (Toronczak, Bryan, Amog, Daley),	1:45.36	USD (1/31)
400 Free (Daley, Tang, Woo, Sin),	3:31.44	USD (1/31)
% - Exhibited		

Championship Meet Individual Wins

Stephanie Sin	1000 Free (10:07.10)	PCSC (2/18)
Maddy Huttner	400 IM (4:24.01)	PCSC (2/20)
Dari Watkins	200 Free (1:51.03)	PCSC (2/20)
Stephanie Sin	1650 Free (16:55.65)	PCSC (2/21)
Julia Toronczak	200 Back (1:59.14)	PCSC (2/21)
Colleen Daley	100 Free (50.99)	PCSC (2/21)

Championship Meet Relay Wins

800 Free (Tang, Huttner, Watkins, Woo),	7:23.23	PCSC (2/18)
200 Free (A. Lee, Daley, Phetbenjakul, Tang),	1:32.69	PCSC (2/19)
400 Medley (Toronczak, A. Lee, Thomas, Daley),	3:46.29	PCSC (2/20)

School Records

Stephanie Sin	1000 Free (10:07.10)	PCSC (2/18)
Stephanie Sin	1650 Free (16:55.65)	PCSC (2/21)
Stephanie Sin	1000 Free (10:03.22)	NCAA (3/11)

Meet Records

Stephanie Sin	1000 Free (10:07.10)	PCSC (2/18)
800 Free (Tang, Huttner, Watkins, Woo),	7:23.23	PCSC (2/18)
200 Free (A. Lee, Daley, Phetbenjakul, Tang),	1:32.69	PCSC (2/19)

2014-15 Women's Results (Dual Meet: 9-3/Home: 5-1/Away: 1-2/Neutral: 3-0)

Date	Opponent	H/A/N	W/L	Score	Record
10/25	Claremont-Mudd-Scripps	H	W	182-111	1-0
11/7	UC Santa Barbara	A	L	101-156	1-1
11/14	Bulldog Diving Invite	A	NTS		
11/20-22	A3 Performance Invitational (Monterey Park)		6th/15	543 Pts.	
11/22	Inland Empire Diving Invitational	A	NTS		
12/29	San Diego State	A	L	127-151	1-2
12/29	Air Force	N	W	151-132	2-2
12/29	Incarnate Word	N	W	180.5-114.5	3-2
1/3	Grand Canyon	H	W	150-141	4-2
1/4	RV Colorado Mesa	H	W	219-81	5-2
1/4	San José State	H	L	110-186	5-3
1/10	Loyola Marymount	A	W	185-108	6-3
1/10	CSU Bakersfield	N	W	172-128	7-3
1/17	#7 California Baptist	H	W	167-133	8-3
1/31	University of San Diego	H	W	162-93	9-3
2/18-21	PCSC Championships (La Mirada)		1st/12	1453 Pts.	
3/11-14	NCAA Championships (Indianapolis, Ind.)		6th/40	201 Pts.	
