

# 2015-16 TRITON MEN'S BEST MARKS

## 50 Freestyle

Cole Heale	20.30	&	PCSC Championships	2/13
Kevin Wylder	20.44	&+	NCAA Championships	3/9
Julian Jacobs	20.72	&+	A3 Performance Invitational	11/19
Michael Leung	21.05	+	PCSC Championships	2/13
Will Knox	21.07	+	PCSC Championships	2/13
Kawei Tan	21.07	+	A3 Performance Invitational	11/19
Samuel Lee	21.09	+	PCSC Championships	2/13
Shep Bryan IV	21.47	+	A3 Performance Invitational	11/19
Aaron Clancy	21.54	+	A3 Performance Invitational	11/19
D. Tanizaki-Hudson	21.57	+	PCSC Championships	2/13
Johnny Bloom	21.79	+	PCSC Championships	2/13
Austin Takeda	21.99	+	A3 Performance Invitational	11/19

## 100 Freestyle

Kevin Wylder	44.57	&+	PCSC Championships	2/15
Cole Heale	45.33	&+	A3 Performance Invitational	11/21
Julian Jacobs	45.45	&*	A3 Performance Invitational	11/21
Samuel Lee	45.87	&*	PCSC Championships	2/15
Austin Takeda	45.92	&	PCSC Championships	2/15
Garrett Tse	46.00	&+	PCSC Championships	2/15
Michael Leung	46.10	+	PCSC Championships	2/15
Will Knox	46.17		PCSC Championships	2/15
Kevin Fink	46.63	*+	NCAA Championships	3/12
Paul Li	46.69	+	PCSC Championships	2/15
Howie Chang	46.70	+	A3 Performance Invitational	11/21
Alejandro Ortiz	46.85	+	PCSC Championships	2/15
Kawei Tan	47.58	+	A3 Performance Invitational	11/21
Aaron Clancy	47.90	+	A3 Performance Invitational	11/21
John Hartmeier	48.21	+	PCSC Championships	2/15
Johnny Bloom	48.24	+	A3 Performance Invitational	11/21
Shep Bryan IV	48.91		Claremont-Mudd-Scripps	10/31
Max Halson	48.91	+	A3 Performance Invitational	11/21

## 200 Freestyle

Michael Cohn	1:36.99	!&	NCAA Championships	3/10
Garrett Tse	1:38.95	&*	PCSC Championships	2/12
Michael Leung	1:39.17	&+	PCSC Championships	2/14
Alejandro Ortiz	1:39.60	&+	PCSC Championships	2/14
C. Pourvahidi	1:39.99	&+	A3 Performance Invitational	11/20
Austin Takeda	1:40.26	&	PCSC Championships	2/14
Paul Li	1:40.96	&+	A3 Performance Invitational	11/20
Howie Chang	1:41.42	*	Grand Canyon/UNLV	1/2
Samuel Lee	1:41.53		PCSC Championships	2/14
Kevin Fink	1:43.99		CSUB/Colorado Mesa	1/9
Alex Moshensky	1:44.07	+	A3 Performance Invitational	11/20
Sasha Mitrushina	1:44.15	+	A3 Performance Invitational	11/20
Max Halson	1:45.71	+	A3 Performance Invitational	11/20
Will Knox	1:48.02	*	Grand Canyon/UNLV	1/2

## 500 Freestyle

C. Pourvahidi	4:26.99	&	NCAA Championships	3/11
Michael Cohn	4:27.46	&	PCSC Championships	2/13
Kevin Fink	4:30.00	&+	PCSC Championships	2/13
Paul Li	4:31.20	&	A3 Performance Invitational	11/19
Howie Chang	4:31.78	&+	A3 Performance Invitational	11/19
Kyle Nadler	4:31.81	&	A3 Performance Invitational	11/19
Alejandro Ortiz	4:33.64	&	A3 Performance Invitational	11/19
Sasha Mitrushina	4:33.90	&	A3 Performance Invitational	11/19
Austin Takeda	4:36.57	&	PCSC Championships	2/13
Max Halson	4:44.82	+	A3 Performance Invitational	11/19

## 1000 Freestyle

C. Pourvahidi	9:09.42	&	PCSC Championships	2/12
Kyle Nadler	9:20.47	&	PCSC Championships	2/12
Sasha Mitrushina	9:25.65	&	PCSC Championships	2/12
Alejandro Ortiz	9:29.90	&	PCSC Championships	2/12
Howie Chang	9:35.05	&	CSUB/Colorado Mesa	1/9
Max Halson	9:52.06		PCSC Championships	2/12

## 1650 Freestyle

C. Pourvahidi	15:38.97	&	NCAA Championships	3/12
Kyle Nadler	15:39.30	&	A3 Performance Invitational	11/21
Sasha Mitrushina	15:52.81	&	A3 Performance Invitational	11/21
Alejandro Ortiz	16:02.93	&	PCSC Championships	2/15
Howie Chang	16:29.88		A3 Performance Invitational	11/21
Max Halson	16:34.39		A3 Performance Invitational	11/21

## 50 Backstroke

CJ Pais	22.97	*	PCSC Championships	2/12
Julian Jacobs	23.01	*	PCSC Championships	2/12
John Hartmeier	23.79	*	PCSC Championships	2/12
Alex Moshensky	23.85	*	PCSC Championships	2/12
Michael Leung	23.94	*	Claremont-Mudd-Scripps	10/31
Kawei Tan	24.17	*	A3 Performance Invitational	11/20
Michael Cohn	24.27	*+	NCAA Championships	3/9

## 100 Backstroke

Michael Cohn	48.51	!&+	NCAA Championships	3/11
Julian Jacobs	49.36	&+	PCSC Championships	2/14
CJ Pais	49.73	&	PCSC Championships	2/14
Michael Leung	50.43	+	PCSC Championships	2/14
John Hartmeier	50.75	+	PCSC Championships	2/14
Alex Moshensky	51.14		A3 Performance Invitational	11/20
Kawei Tan	51.83	+	A3 Performance Invitational	11/20
Cole Heale	52.27	+	A3 Performance Invitational	11/20
Austin Takeda	52.42		A3 Performance Invitational	11/20
Mike Nguyen	52.90	+	PCSC Championships	2/14

## 200 Backstroke

Michael Cohn	1:44.28	!#	NCAA Championships	3/12
Alex Moshensky	1:47.13	&+	PCSC Championships	2/15
CJ Pais	1:48.61	&	PCSC Championships	2/15
C. Pourvahidi	1:51.24		A3 Performance Invitational	11/21
John Hartmeier	1:55.26	+	PCSC Championships	2/15
Michael Leung	1:52.28	+	A3 Performance Invitational	11/21
Kawei Tan	1:57.97		UC Santa Barbara	11/7
Mike Nguyen	2:01.81		UC Santa Barbara	11/7

## 100 Breaststroke

Zachary Yong	55.90		PCSC Championships	2/14
Garrett Tse	56.45	+	PCSC Championships	2/14
Aaron Clancy	56.49	+	A3 Performance Invitational	11/20
AJ Zavala	56.97		A3 Performance Invitational	11/20
D. Tanizaki-Hudson	57.15		PCSC Championships	2/14
Johnny Bloom	57.96		PCSC Championships	2/14
Shep Bryan IV	1:00.45	+	A3 Performance Invitational	11/20
Kyle Nadler	1:02.30		Grand Canyon/UNLV	1/2

**200 Breaststroke**

Zachary Yong	1:59.57	&+	PCSC Championships	2/15
Garrett Tse	2:02.22	&	PCSC Championships	2/15
AJ Zavala	2:04.23		A3 Performance Invitational	11/21
D. Tanizaki-Hudson	2:05.96		PCSC Championships	2/15
Johnny Bloom	2:08.13		PCSC Championships	2/15
Aaron Clancy	2:08.31	+	A3 Performance Invitational	11/21
Kevin Fink	2:18.76		Claremont-Mudd-Scripps	10/31

**100 Butterfly**

Kevin Wylder	46.97	!#+	PCSC Championships	2/14
Garrett Tse	48.55	&	PCSC Championships	2/14
Will Knox	49.47	&+	PCSC Championships	2/14
Samuel Lee	49.96	@	A3 Performance Invitational	11/20
Cole Heale	50.35	+	PCSC Championships	2/14
Julian Jacobs	50.56	+	A3 Performance Invitational	11/20
Mike Nguyen	51.06	+	PCSC Championships	2/14
C. Pourvahidi	53.37		Claremont-Mudd-Scripps	10/31
Paul Li	53.40		CSUB/Colorado Mesa	1/9
Alex Moshensky	54.01		Claremont-Mudd-Scripps	10/31
Kevin Fink	54.82		UC Santa Barbara	11/7
D. Tanizaki-Hudson	55.26		California Baptist	1/16
Max Halson	57.13		UC Santa Barbara	11/7

**200 Butterfly**

Kevin Wylder	1:46.16	#	NCAA Championships	3/11
Kevin Fink	1:50.15	&+	NCAA Championships	3/11
Paul Li	1:50.72	&	PCSC Championships	2/15
Mike Nguyen	1:53.52	+	PCSC Championships	2/15
Garrett Tse	1:54.14		CSUB/Colorado Mesa	1/9
C. Pourvahidi	1:55.45		Grand Canyon/UNLV	1/2
Max Halson	1:55.75		PCSC Championships	2/15

**200 Individual Medley**

Garrett Tse	1:49.11	&+	PCSC Championships	2/13
CJ Pais	1:51.49	&	PCSC Championships	2/13
Zachary Yong	1:52.00	+	PCSC Championships	2/13
D. Tanizaki-Hudson	1:52.75		PCSC Championships	2/13
Alex Moshensky	1:53.44		PCSC Championships	2/13
Michael Leung	1:53.99	+	A3 Performance Invitational	11/19
AJ Zavala	1:54.01		A3 Performance Invitational	11/19
Kevin Fink	1:54.03	+	A3 Performance Invitational	11/19
Mike Nguyen	1:54.40		PCSC Championships	2/13
John Hartmeier	1:56.77	+	PCSC Championships	2/13
Kawei Tan	1:58.66		Claremont-Mudd-Scripps	10/31
Paul Li	1:58.91		Claremont-Mudd-Scripps	10/31
Kyle Nadler	1:59.47		Claremont-Mudd-Scripps	10/31
Alejandro Ortiz	2:03.07		Claremont-Mudd-Scripps	10/31

**400 Individual Medley**

Kevin Fink	3:54.96	&+	PCSC Championships	2/14
Zachary Yong	3:55.24	&+	PCSC Championships	2/14
Kyle Nadler	3:58.08	&	PCSC Championships	2/14
Paul Li	3:59.39	&+	A3 Performance Invitational	11/20
Garrett Tse	4:07.80		California Baptist	1/16
CJ Pais	4:09.11	+	A3 Performance Invitational	11/20
John Hartmeier	4:15.26	+	A3 Performance Invitational	11/20
Mike Nguyen	4:16.58		California Baptist	1/16
Sasha Mitrushina	4:21.56		UC Santa Barbara	11/7
Max Halson	4:47.49		Incarnate Word/Missouri S&T	1/3

**1 Meter Diving (6 Dives)**

Grant Crawford	257.85		PCSC Championships	2/14
Garet Webster	221.40		Claremont-Mudd-Scripps	10/31

**3 Meter Diving (6 Dives)**

Grant Crawford	264.53		CSU Bakersfield	1/9
Garet Webster	254.60		PCSC Championships	2/12

**200 Freestyle Relay**

Heale, Wylder, Tan, Jacobs				
	1:21.79	&	A3 Performance Invitational	11/19
Heale, Wylder, Leung, Jacobs				
	1:22.36	&	PCSC Championships	2/13
Heale, Wylder, Leung, Jacobs				
	1:24.32		Incarnate Word/Missouri S&T	1/3
Heale, Wylder, Bryan, Jacobs				
	1:24.42		UC Santa Barbara	11/7
Wylder, Heale, Leung, Jacobs				
	1:24.84		California Baptist	1/16

**400 Freestyle Relay**

Jacobs, Wylder, Lee, Heale				
	2:59.98	&	A3 Performance Invitational	11/21
Jacobs, Wylder, Cohn, Heale				
	3:00.71	&	PCSC Championships	2/15
Lee, Knox, Takeda, Tse				
	3:03.14	&	PCSC Championships	2/15
Fink, Wylder, Pourvahidi, Cohn				
	3:05.12	+	NCAA Championships	3/12
Takeda, Cohn, Pourvahidi, Leung				
	3:05.41		A3 Performance Invitational	11/21

**800 Freestyle Relay**

Cohn, Pourvahidi, Leung, Li				
	6:35.00	!&	PCSC Championships	2/12
Cohn, Pourvahidi, Leung, Li				
	6:36.37	!&	A3 Performance Invitational	11/20
Tse, Takeda, Lee, Fink				
	6:41.83	&	PCSC Championships	2/12

**200 Medley Relay**

Jacobs, Zavala, Wylder, Heale				
	1:29.00	&	PCSC Championships	2/12
Jacobs, Clancy, Wylder, Heale				
	1:30.58	&	A3 Performance Invitational	11/20
Pais, Yong, Tse, Lee				
	1:30.65	&	PCSC Championships	2/12
Leung, Zavala, Tse, Heale				
	1:32.65		Claremont-Mudd-Scripps	10/31
Hartmeier, Bloom, Knox, Takeda				
	1:32.70		PCSC Championships	2/12

**400 Medley Relay**

Jacobs, Tse, Wylder, Heale				
	3:18.72	&	PCSC Championships	2/14
Cohn, Clancy, Tse, Lee				
	3:22.36		A3 Performance Invitational	11/19
Cohn, Zavala, Wylder, Heale				
	3:24.64		California Baptist	1/16
Jacobs, Yong, Tse, Leung				
	3:24.93		California Baptist	1/16
Cohn, Zavala, Wylder, Heale				
	3:26.12		Incarnate Word/Missouri S&T	1/3

! - School Record

# - NCAA A Cut (Automatic Qualifier)

&amp; - NCAA B Cut (Consideration Qualifier)

\* - Relay/Split + - Prelim @ - Time Trial/Swim-Off

**Dual Meet Individual Wins**

Alejandro Ortiz	1000 Free (9:43.50)	CMS (10/31)
Julian Jacobs	100 Back (50.74)	CMS (10/31)
AJ Zavala	100 Breast (58.23)	CMS (10/31)
Cole Heale	50 Free (20.80)	CMS (10/31)
Cole Heale	100 Free (46.25)	CMS (10/31)
Michael Cohn	200 Back (1:50.93)	CMS (10/31)
Zachary Yong	200 Breast (2:05.62)	CMS (10/31)
Alejandro Ortiz	500 Free (4:42.13)	CMS (10/31)
Garrett Tse	100 Fly (50.30)	CMS (10/31)
Zachary Yong	200 IM (1:56.48)	CMS (10/31)
AJ Zavala	100 Breast (58.07)	UCSB (11/7)
Zachary Yong	200 Breast (2:03.60)	UCSB (11/7)
Howie Chang	1000 Free (9:43.60)	GCU (1/2)
Howie Chang	1000 Free (9:43.60)	UNLV (1/2)
Michael Cohn	100 Back (51.30)	UNLV (1/2)
AJ Zavala	100 Breast (58.27)	UNLV (1/2)
Michael Cohn	200 Back (1:50.05)	GCU (1/2)
Michael Cohn	200 Back (1:50.05)	UNLV (1/2)
Zachary Yong	200 Breast (2:05.18)	GCU (1/2)
Zachary Yong	200 Breast (2:05.18)	UNLV (1/2)
Paul Li	500 Free (4:41.27)	GCU (1/2)
Paul Li	500 Free (4:41.27)	UNLV (1/2)
Garrett Tse	200 IM (1:54.67)	UNLV (1/2)
Kyle Nadler	1000 Free (9:45.08)	MST (1/3)
Michael Cohn	200 Free (1:41.96)	MST (1/3)
Julian Jacobs	100 Back (52.47)	MST (1/3)
AJ Zavala	100 Breast (58.49)	UIW (1/3)
Kevin Wylder	50 Free (20.93)	UIW (1/3)
Kevin Wylder	50 Free (20.93)	MST (1/3)
Kevin Wylder	100 Free (46.14)	UIW (1/3)
Kevin Wylder	100 Free (46.14)	MST (1/3)
Alex Moshensky	200 Back (1:52.96)	MST (1/3)
Zachary Yong	200 Breast (2:05.02)	UIW (1/3)
Alejandro Ortiz	500 Free (4:44.64)	MST (1/3)
Garrett Tse	100 Fly (50.45)	UIW (1/3)
Garrett Tse	100 Fly (50.45)	MST (1/3)
Zachary Yong	400 IM (4:03.16)	MST (1/3)
Howie Chang	1000 Free (9:35.05)	CSUB (1/9)
Howie Chang	1000 Free (9:35.05)	CMU (1/9)
Paul Li	200 Free (1:42.69)	CMU (1/9)
Michael Cohn	100 Back (50.15)	CSUB (1/9)
Michael Cohn	100 Back (50.15)	CMU (1/9)
AJ Zavala	100 Breast (58.15)	CSUB (1/9)
AJ Zavala	100 Breast (58.15)	CMU (1/9)
Garrett Tse	200 Fly (1:54.14)	CSUB (1/9)
Garrett Tse	200 Fly (1:54.14)	CMU (1/9)
Cole Heale	50 Free (20.91)	CSUB (1/9)
Cole Heale	50 Free (20.91)	CMU (1/9)
Cole Heale	100 Free (46.52)	CMU (1/9)
Michael Cohn	200 Back (1:48.82)	CSUB (1/9)
Michael Cohn	200 Back (1:48.82)	CMU (1/9)
Zachary Yong	200 Breast (2:04.40)	CSUB (1/9)
Zachary Yong	200 Breast (2:04.40)	CMU (1/9)
Howie Chang	500 Free (4:38.97)	CSUB (1/9)
Howie Chang	500 Free (4:38.97)	CMU (1/9)
Garrett Tse	100 Fly (50.55)	CMU (1/9)
Garrett Tse	200 IM (1:52.39)	CMU (1/9)
Zachary Yong	100 Breast (58.73)	CBU (1/16)
Cole Heale	50 Free (21.24)	CBU (1/16)
Zachary Yong	200 Breast (2:09.84)	CBU (1/16)

**Dual Meet Relay Wins**

200 Medley (Leung, Zavala, Tse, Heale), 1:32.51	CMS (10/31)
400 Free (Lee, Takeda, Leung, Heale), 3:07.39	CMS (10/31)
800 Free (Cohn, Pourvahidi, Leung, Li), 6:50.77	GCU (1/2)
800 Free (Cohn, Pourvahidi, Leung, Li), 6:50.77	UNLV (1/2)
400 Medley (Cohn, Zavala, Wylder, Heale), 3:26.12	UIW (1/3)
400 Medley (Cohn, Zavala, Wylder, Heale), 3:26.12	MST (1/3)
200 Free (Heale, Wylder, Leung, Jacobs), 1:24.32	UIW (1/3)
200 Free (Heale, Wylder, Leung, Jacobs), 1:24.32	MST (1/3)
200 Medley (Jacobs, Zavala, Tse, Heale), 1:33.69	CSUB (1/9)
400 Free (Leung, Cohn, Lee, Heale), 3:05.63	CSUB (1/9)
400 Free (Leung, Cohn, Lee, Heale), 3:05.63	CMU (1/9)
200 Free (Wylder, Heale, Leung, Jacobs), 1:24.84	CBU (1/16)
% - Exhibited	

**Invitational Meet Individual Runners-Up**

Zachary Yong	200 Breast (2:00.01)	A3 Performance (11/21)
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**Championship Meet Individual Wins**

Chandler Pourvahidi	1000 Free (9:09.42)	PCSC (2/12)
Michael Cohn	500 Free (4:27.46)	PCSC (2/13)
Garrett Tse	200 IM (1:49.60)	PCSC (2/13)
Cole Heale	50 Free (20.30)	PCSC (2/13)
Kevin Fink	400 IM (3:57.19)	PCSC (2/14)
Kevin Wylder	100 Fly (47.88)	PCSC (2/14)
Michael Cohn	200 Free (1:37.43)	PCSC (2/14)
CJ Pais	100 Back (49.73)	PCSC (2/14)
Kyle Nadler	1650 Free (15:48.71)	PCSC (2/15)
Michael Cohn	200 Back (1:44.92)	PCSC (2/15)

**Championship Meet Relay Wins**

200 Medley (Jacobs, Zavala, Wylder, Heale), 1:29.00	PCSC (2/12)
800 Free (Cohn, Pourvahidi, Leung, Li), 6:35.00	PCSC (2/12)
200 Free (Heale, Wylder, Leung, Jacobs), 1:22.36	PCSC (2/13)
400 Free (Jacobs, Wylder, Cohn, Heale), 3:00.71	PCSC (2/15)

**School Records**

800 Free (Cohn, Pourvahidi, Leung, Li), 6:36.37	A3 (11/20)	
Michael Cohn	200 Free (1:37.39) *	PCSC (2/12)
800 Free (Cohn, Pourvahidi, Leung, Li), 6:35.00	PCSC (2/12)	
Kevin Wylder	100 Fly (46.97) +	PCSC (2/14)
Michael Cohn	200 Back (1:44.92)	PCSC (2/15)
Michael Cohn	200 Free (1:36.99)	NCAA (3/10)
Michael Cohn	100 Back (48.51) +	NCAA (3/11)
Michael Cohn	200 Back (1:44.28)	NCAA (3/12)

**Meet Records**

Chandler Pourvahidi	1000 Free (9:09.42)	PCSC (2/12)
200 Medley (Jacobs, Zavala, Wylder, Heale), 1:29.00	PCSC (2/12)	
Michael Cohn	200 Free (1:37.39) *	PCSC (2/12)
800 Free (Cohn, Pourvahidi, Leung, Li), 6:35.00	PCSC (2/12)	
Garrett Tse	200 IM (1:49.11) +	PCSC (2/13)
Kevin Wylder	100 Fly (46.97) +	PCSC (2/14)
Michael Cohn	200 Back (1:45.85) +	PCSC (2/15)
Michael Cohn	200 Back (1:44.92)	PCSC (2/15)

**Pool Records**

Julian Jacobs	50 Back (23.48) - Canyonview	CMS (10/31)
800 Free Relay	6:50.77 - Canyonview	GCU/UNLV (1/2)
Cohn, Pourvahidi, Leung, Li		

## 2015-16 Men's Results (Dual Meet: 5-4/Home: 5-2/Away: 0-2/Neutral: 0-0)

<b>Date</b>	<b>Opponent</b>	<b>H/A/N</b>	<b>W/L</b>	<b>Score</b>	<b>Record</b>
10/31	Claremont-Mudd-Scripps	H	W	203-95	1-0
11/7	UC Santa Barbara	A	L	111.5-142.5	1-1
11/19-21	A3 Performance Invitational	(Monterey Park)	4th/8	813 Pts.	
12/19	Inland Empire Diving Invitational	A	NTS		
1/2	RV Grand Canyon	H	L	137-161	1-2
1/2	UNLV	H	W	156-131	2-2
1/3	Incarnate Word	H	L	140-158	2-3
1/3	#19 Missouri S&T	H	W	198-82	3-3
1/9	CSU Bakersfield	H	W	165-133	4-3
1/9	#21 Colorado Mesa	H	W	214-66	5-3
1/16	#12 California Baptist	A	L	137-161	5-4
2/12-15	PCSC Championships	(Monterey Park)	1st/6	1592 Pts.	
3/9-12	NCAA Championships	(Indianapolis, Ind.)	17th/31	89 Pts.	

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