

Women's All-Time List

100 Meters		
Kelly Fogarty	11.52	2011
Christine Merrill	11.94	2010
Boo Rose	11.96	2012
Laiiah Blue	11.99	2009
Avery Schulhofer	12.00	2018
Elisa Holiday	12.00	2004
Erica Washington	12.01	1992
Janay Pierce	12.02	2014
Katie Skorupa	12.12	2009
Mckenna Meaney	12.15	2018

800 Meters		
Sabrina Pimentel	2:09.07	2014
Lindsay Stalker	2:10.33	2005
Mimi Hodgins	2:10.96	2005
Lorato Anderson	2:12.80	2013
Ella Verhees	2:12.88	2017
Kristin Semancsin	2:13.25	2018
Maggie Dwire	2:14.01	1997
Robyn Herskowitz	2:14.10	1996
Alex Hernandez	2:14.32	2019
Gisele English	2:14.42	1987

5000 Meters		
Paige Hughes	16:57.30	2016
Audrey Sung	17:00.26	2003
Emily McGregor	17:14.48	2007
Michelle Conlay	17:14.70	1990
Corinne Hinkle	17:20.89	2016
Denise McFayden	17:30.14	1988
Chloe Gustafson	17:36.40	2016
Marie Diaz	17:37.36	2015
Kristin Semancsin	17:37.70	2018
Diane Dunn	17:39.78	2008

400 Meter Hurdles		
Christine Merrill	58.04	2009
Claudia Cox	59.18	2019
Laiiah Blue	59.87	2007
Kelly Strand	59.98	2019
Meghan Fletcher	60.59	2018
Caitlin Meagher	61.02	2011
Lauren Irish	61.40	2014
Deyna Roberson	61.76	2011
Clara Wilson	61.88	2004
Corey Sheredy	62.02	2008
Michaela Monahan	62.02	1996

200 Meters		
Kelly Fogarty	23.55	2011
Boo Rose	23.96	2012
Christine Merrill	24.18	2010
Elisa Holiday	24.24	2004
Andrea Kouremetis	24.73	1989
Laiiah Blue	24.80	2007
Chelsey Kamson	24.84	2013
Lauren Lopez	24.85	2014
Erica Washington	24.88	1993
Jessica Shugart	24.89	1999

1500 Meters		
Brianna Schofield	4:29.67	2009
Mimi Hodgins	4:29.95	2005
Lindsay Stalker	4:30.02	2005
Diane Dunn	4:30.65	2008
Denise McFayden	4:32.74	1988
Kristin Semancsin	4:32.97	2018
Audrey Sung	4:33.50	2003
Michelle DiMeo	4:34.62	2004
Ashleigh Montgomery	4:37.33	2009
Ella Verhees	4:38.10	2015

10000 Meters		
Emily McGregor	35:26.00	2008
Paige Hughes	35:27.07	2016
Michelle Conlay	35:30.23	1990
Skylar Thiel	36:41.69	2018
Chia Chang	37:02.15	2012
Amanda Burkhardt	37:03.50	2007
Erin O'Donnell	37:22.64	2006
Chandler Colquitt	37:38.85	2014
Karina Carstens	37:44.23	2017
Madison Tanner	37:58.17	2014

4 x 100 Meter Relay		
Merrill, Skorupa, Fogarty, Blue	45.81	2009
Merrill, Hitchens, Rose, Fogarty	46.29	2010
Weaver, Hitchens, Rose, Fogarty	46.68	2011
Fletcher, Meaney, Weldon, Schulhofer	46.88	2018
Knudson, Skorupa, Merrill, Fogarty	46.94	2008
Hitchens, Kamson, Meagher, Rose	46.98	2012
Heins, Anunwah, Snover, Pierce	47.13	2014
Green, Skorupa, Merrill, Blue	47.14	2007
Hitchens, Kamson, Sato, Heins	47.40	2013
Green, Skorupa, Holiday, Johnson	47.52	2006

400 Meters		
Boo Rose	53.30	2012
Christine Merrill	54.76	2010
Sabrina Pimentel	55.95	2013
Anna Lee McGregor	56.04	2009
Lauren Lopez	56.05	2014
Meghan Fletcher	56.29	2018
Jessica Shugart	56.57	2000
Amber Green	56.75	2007
Jackie Chalmers	56.81	2016
Ellexi Snover	57.08	2015

3000 Meter Steeplechase		
Merin Arft	10:57.34	2017
Anneke Kakebeen	11:01.73	2015
Camille Perkins	11:03.30	2018
Aaryn Kobayashi	11:19.21	2012
Catherine Strouse	11:20.94	2006
Julie Pope	11:23.02	2003
Meghan Scott	11:24.14	2001
Caprice Thompson	11:27.20	2010
Ashleigh Montgomery	11:28.85	2006
Christa Kloha	11:29.58	2017

100 Meter Hurdles		
Laiiah Blue	13.63	2009
Christine Merrill	13.84	2010
Meredith Perry	14.11	2004
Caitlin Meagher	14.16	2012
Stephanie LeFever	14.18	2011
Lisa Shepard	14.29	1995
Michelle Cummins	14.40	2015
Caroline Page	14.41	2019
Kayleigh Knudson	14.47	2008
Claudia Cox	14.53	2019
Linda Rainwater	14.53	2009

4 x 400 Meter Relay		
Pimentel/Irish/Roberson/Rose	3:42.17	2012
Roberson, Skorupa, McGregor, Merrill	3:42.97	2009
Blue, McGregor, Merrill, Green	3:44.27	2007
Rose, LeFever, Fogarty, Merrill	3:44.39	2010
Skorupa, Sheredy, Merrill, McGregor	3:45.31	2008
Pimentel/Padilla/Chalmers/Snover	3:45.44	2015
Rose, Irish, Fogarty, Meagher	3:45.99	2011
Pimentel, Irish, Chalmers, Lopez	3:46.63	2014
Chalmers, Padilla, Fletcher, Snover	3:47.45	2016
Schaefer, Green, Holiday, Skorupa	3:48.22	2006

Long Jump		
Stephanie LeFever	20'3.5"	2011
Whitney Johnson	19'10.75"	2008
Erin Langford	19'3.25"	2012
Leah Murphy	19'1.25"	2010
Elisa Holiday	18'9.25"	2005
Renee Sprowl	18'9.25"	1995
Veronica Bradley	18'8"	2014
Michelle Domico	18'8"	1995
Kristin Sato	18'7.25"	2014
Lisa Shepard	18'5.5"	1997

Triple Jump		
Whitney Johnson	42'4.25"	2008
Tais Marinho-Gomez	40'1.5"	2018
Natalie Caraway	39'9.75"	2018
Kaylin Siever	39' 8.75"	2004
Chantia Justice	39'7.75"	2014
Kristin Sato	39'6"	2013
Leah Murphy	39'4"	2008
Stephanie LeFever	39'3"	2011
Erin Langford	38'7.75"	2012
Lisa Shepard	38'7.5"	1996

High Jump		
Linda Rainwater	5'10.5"	2010
Savanna Forry	5'8.75"	2017
Kendra Canape	5'7.75"	2005
Stephanie LeFever	5'7.25"	2010
Chelsea Challacombe	5'7"	2018
Devon Brook	5'7"	2015
Natalie Caraway	5'7"	2018
Kristen Daugherty	5'6"	2016
Kelsey Turner	5'6"	2004
Susan Christy	5'6"	1991

Pole Vault		
Christina Carr	13'1.5"	2017
Donna LeFever	12'6"	2009
Christina Sloyer	12'5.5"	2008
Megan Benham	12'2.75"	2015
Sydney Blakeley	12'0.5"	2013
Madeleine Flint	12'0.5"	2006
Meredith Perry	11' 9.75"	2004
Carly Heffernan	11'8.5"	2017
Devin Stetson	11'8.5"	2016
Jackie Vu	11'6.5"	2003

Shot Put		
Sagrario Hernandez	50'4"	2003
Gabby Eshiet	48'1.25"	2019
Shannon Quigley	47'10"	1991
Katie Hogan	43'6.5"	2005
Eva Isaacs	43'3.25"	2013
Jillian Sola	43'1.5"	2006
Lauren Anderson	42'9"	2006
Michelle Vavra	42'3.25"	2004
Megan Steel	40'10.25"	2000
Haley Libuit	40'4.75"	2015

Discus		
Shannon Quigley	163'2"	1991
Sarah Hendy	160'11"	2009
Shelly Squibb	156'9"	1990
Rachel Beerman	156'0"	1990
Sara Allsup	155'2"	2002
Jillian Sola	154'11"	2007
Debbie Hargrove	152'11"	1991
Esther Nofodji	152'5"	2018
Uehenna Agbahiwe	147'4"	2013
Danielle Thu	146'1"	2011

Hammer Throw		
Danielle Thu	198'8"	2009
Sagrario Hernandez	172'7"	2003
Marie Archer	171'11"	2010
Megan Bergin	166' 11"	2002
Melissa Kamaze	166'8"	2008
Tara Monaghan	164'9"	1996
Savanna Forry	163'0"	2017
Cecilia Dumar	162'9"	2019
Doriene Ordaz	162'6"	2017
Crystal Dici	160'9"	2019

Javelin		
Briana Hinga	159'1"	2006
Theresa Richards	149'9"	2010
Michelle Beebe	146'11"	2004
Ellexi Snover	143'5"	2015
Jessica Miklaski	143'4"	2013
Haley Libuit	141'6"	2015
Torrey Trust	139'2"	2007
Bobbie Octavo	133'5"	1991
Lynne Brinkman	132'8"	2002
Aletha Vassilakis	131'5"	2012

Blue Indicates 2019 Team Members

Heptathlon		
Stephanie LeFever	5385 pts	2011
Linda Rainwater	5333 pts	2010
Chelsea Challacombe	4739 pts	2018
Veronica Bradley	4691 pts	2014
Kayleigh Knudson	4601 pts	2008
Amy Beeman	4470 pts	2006
Briana Hinga	4380 pts	2005
Molly Wheatley	4240 pts	1984
Samantha Belvini	4238 pts	2006
Casey Buck	4182 pts	2014