# 2018 Meet Schedule

**Thursday, May 3**
- 8:00 a.m.  CSUS Facilities Open
- 9:50 a.m  National Anthem
- 10:00 a.m.  Decathlon – 100 Meters
- 10:40 a.m.  Decathlon – Long Jump
- 11:00 a.m.  Heptathlon – 100 Meter Hurdles
- 11:40 a.m.  Heptathlon – High Jump
- 11:55 a.m.  Decathlon – Shot Put
- 1:15 p.m.  Decathlon – High Jump
- 1:25 p.m.  Heptathlon – Shot Put
- 2:15 p.m.  Heptathlon – 200 Meters
- 3:15 p.m.  Decathlon – 400 Meters

**THURSDAY FIELD EVENTS**
- 1:00 PM  Women’s Hammer (FINALS)
- 3:30 PM  Men’s Hammer (FINALS)

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**Friday, May 4**
- 8:00 a.m.  CSUS Facilities Open
- 11:00 a.m.  Decathlon – 110 Hurdles
- 11:00 a.m.  Heptathlon – Long Jump
- 11:40 a.m.  Decathlon – Discus (infield)
- 12:35 p.m.  Decathlon – Pole Vault
- 12:30 p.m.  Heptathlon – Javelin
- 2:00 p.m.  Heptathlon – 800M
- 4:00 p.m.  Decathlon – Javelin
- 5:20 p.m.  Decathlon – 1500M
- 3:50 p.m.  National Anthem
- 4:00 p.m.  Women’s 4 x 100M Relay (Prelims)
- 4:15 p.m.  Women’s 1500 Meters (Prelim)
- 4:35 p.m.  Men’s 1500 Meters (Prelim)
- 4:55 p.m.  Women’s 100M Hurdles (Prelim)
- 5:15 p.m.  Men’s 110M Hurdles (Prelim)
- 5:30 p.m.  Women’s 400 Meters (Prelim)
- 5:40 p.m.  Men’s 400 Meters (Prelim)
- 5:55 p.m.  Women’s 100 Meters (Prelim)
- 6:05 p.m.  Men’s 100 Meters (Prelim)
- 6:20 p.m.  Women’s 800 Meters (Prelim)
- 6:35 p.m.  Men’s 800 Meters (Prelim)
- 6:50 p.m.  Women’s 400M Hurdles (Prelim)
- 7:05 p.m.  Men’s 400M Hurdles (Prelim)
- 7:25 p.m.  Women’s 200 Meters (Prelim)
- 7:35 p.m.  Men’s 200 Meters (Prelim)
- 7:50 p.m.  Women’s 4 x 400M Relay (Prelim)
- 8:00 p.m.  Women’s 10,000 Meters (FINALS)
- 8:45 p.m.  Men’s 10,000 Meters (FINALS)

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**FRIDAY FIELD EVENTS**
- 1:30 p.m.  Women’s Shot (FINALS)
- 4:00 p.m.  Men’s Shot (FINALS)
- 2:00 p.m.  Men’s Long Jump (FINALS)
- 4:30 p.m.  Women’s Long Jump (FINALS)
- 5:00 p.m.  Women’s Pole Vault (FINALS)

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**Saturday, May 5**
- 7:00 a.m.  CSUS Facilities Open
- 1:20 p.m  National Anthem
- 1:30 p.m.  Women’s 3,000 Steeple (FINAL)
- 1:50 p.m.  Men’s 3,000 Steeple (FINAL)
- 2:05 p.m.  Women’s 4 x 100M Relay (FINAL)
- 2:15 p.m.  Men’s 4 x 100M Relay (FINAL)
- 2:25 p.m.  Women’s 1500 Meters (FINAL)
- 2:35 p.m.  Men’s 1500 Meters (FINAL)
- 2:50 p.m.  Women’s 100M Hurdles (FINAL)
- 3:00 p.m.  Men’s 110M Hurdles (FINAL)
- 3:10 p.m.  Women’s 400 Meters (FINAL)
- 3:20 p.m.  Men’s 400 Meters (FINAL)
- 3:35 p.m.  Women’s 100 Meters (FINAL)
- 3:45 p.m.  Men’s 100 Meters (FINAL)
- 3:55 p.m.  Women’s 800 Meters (FINAL)
- 4:05 p.m.  Men’s 800 Meters (FINAL)
- 4:20 p.m.  Women’s 400M Hurdles (FINAL)
- 4:30 p.m.  Men’s 400M Hurdles (FINAL)
- 4:45 p.m.  Women’s 200 Meters (FINAL)
- 4:55 p.m.  Men’s 200 Meters (FINAL)
- 5:05 p.m.  Women’s 5,000 Meters (FINAL)
- 5:30 p.m.  Men’s 5,000 Meters (FINAL)
- 5:50 p.m.  Women’s 4 x 400M Relay (FINAL)
- 6:00 p.m.  Men’s 4 x 400M Relay (FINAL)
- 6:15 p.m.  Awards Ceremony

**SATURDAY FIELD EVENTS**
- 11:00 a.m.  Women’s Discus (FINALS) (Infield)
- 12:00 p.m.  Men’s Javelin (FINALS)
- 1:30 p.m.  Women’s Discus (FINALS) (Infield)
- 12:30 p.m.  Men’s High Jump (FINAL)
- 1:30 p.m.  Women’s Triple Jump (FINAL)
- 2:30 p.m.  Women’s Javelin (FINAL)
- 2:00 p.m.  Men’s Pole Vault (FINAL)
- 3:00 p.m.  Women’s High Jump (FINAL)
- 4:00 p.m.  Men’s Triple Jump (FINAL)