



# CCAA MEN'S AND WOMEN'S OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Al Brenda Track at Warrior Stadium • CSU Stanislaus, Turlock

## 2018 Meet Schedule

### Thursday, May 3

8:00 a.m.	CSUS Facilities Open
9:50 a.m.	<b>National Anthem</b>
10:00 a.m.	Decathlon – 100 Meters
10:40 a.m.	Decathlon – Long Jump
11:00 a.m.	Heptathlon – 100 Meter Hurdles
11:40 a.m.	Heptathlon – High Jump
11:55 a.m.	Decathlon – Shot Put
1:15 p.m.	Decathlon – High Jump
1:25 p.m.	Heptathlon – Shot Put
2:15 p.m.	Heptathlon – 200 Meters
3:15 p.m.	Decathlon – 400 Meters

#### THURSDAY FIELD EVENTS

1:00PM	Women's Hammer(FINALS)
3:30PM	Men's Hammer(FINALS)

### Friday, May 4

8:00 a.m.	CSUS Facilities Open
11:00 a.m.	Decathlon – 110 Hurdles
11:00 a.m.	Heptathlon – Long Jump
11:40 a.m.	Decathlon – Discus (infield)
12:35 p.m.	Decathlon – Pole Vault
12:30 p.m.	Heptathlon – Javelin
2:00 p.m.	Heptathlon – 800M
4:00 p.m.	Decathlon – Javelin
5:20 p.m.	Decathlon – 1500M
3:50 p.m.	<b>National Anthem</b>
4:00 p.m.	Women's 4 x 100M Relay (Prelims)
4:15 p.m.	Women's 1500 Meters (Prelim)
4:35 p.m.	Men's 1500 Meters (Prelim)
4:55 p.m.	Women's 100M Hurdles (Prelim)
5:15 p.m.	Men's 110M Hurdles (Prelim)
5:30 p.m.	Women's 400 Meters (Prelim)
5:40 p.m.	Men's 400 Meters (Prelim)
5:55 p.m.	Women's 100 Meters (Prelim)
6:05 p.m.	Men's 100 Meters (Prelim)
6:20 p.m.	Women's 800 Meters (Prelim)
6:35 p.m.	Men's 800 Meters (Prelim)
6:50 p.m.	Women's 400M Hurdles (Prelim)
7:05 p.m.	Men's 400M Hurdles (Prelim)
7:25 p.m.	Women's 200 Meters (Prelim)
7:35 p.m.	Men's 200 Meters (Prelim)
7:50 p.m.	Women's 4 x 400M Relay (Prelim)
8:00 p.m.	Women's 10,000 Meters (FINALS)
8:45 p.m.	Men's 10,000 Meters (FINALS)

### FRIDAY FIELD EVENTS

1:30 p.m.	Women's Shot (FINALS)
4:00 p.m.	Men's Shot (FINALS)
2:00 p.m.	Men's Long Jump (FINALS)
4:30 p.m.	Women's Long Jump (FINALS)
5:00 p.m.	Women's Pole Vault (FINALS)

### Saturday, May 5

7:00 a.m.	CSUS Facilities Open
1:20 p.m.	<b>National Anthem</b>
1:30 p.m.	Women's 3,000 Steeple (FINAL)
1:50 p.m.	Men's 3,000 Steeple (FINAL)
2:05 p.m.	Women's 4 x 100M Relay (FINAL)
2:15 p.m.	Men's 4 x 100M Relay (FINAL)
2:25 p.m.	Women's 1500 Meters (FINAL)
2:35 p.m.	Men's 1500 Meters (FINAL)
2:50 p.m.	Women's 100M Hurdles (FINAL)
3:00 p.m.	Men's 110M Hurdles (FINAL)
3:10 p.m.	Women's 400 Meters (FINAL)
3:20 p.m.	Men's 400 Meters (FINAL)
3:35 p.m.	Women's 100 Meters (FINAL)
3:45 p.m.	Men's 100 Meters (FINAL)
3:55 p.m.	Women's 800 Meters (FINAL)
4:05 p.m.	Men's 800 Meters (FINAL)
4:20 p.m.	Women's 400M Hurdles (FINAL)
4:30 p.m.	Men's 400M Hurdles (FINAL)
4:45 p.m.	Women's 200 Meters (FINAL)
4:55 p.m.	Men's 200 Meters (FINAL)
5:05 p.m.	Women's 5,000 Meters (FINAL)
5:30 p.m.	Men's 5,000 Meters (FINAL)
5:50p.m.	Women's 4 x 400M Relay (FINAL)
6:00 p.m.	Men's 4 x 400M Relay (FINAL)
6:15 p.m.	Awards Ceremony

### SATURDAY FIELD EVENTS

11:00 a.m.	Women's Discus (FINALS) (Infield)
12:00 p.m.	Men's Javelin (FINALS)
1:30 p.m.	Men's Discus (FINALS) (Infield)
12:30 p.m.	Men's High Jump (FINALS)
1:30 p.m.	Women's Triple Jump (FINALS)
2:30 p.m.	Women's Javelin (FINALS)
2:00 p.m.	Men's Pole Vault (FINALS)
3:00 p.m.	Women's High Jump (FINALS)
4:00 p.m.	Men's Triple Jump (FINALS)