

Women's All-Time List

100 Meters	Kelly Fogarty 11.52 2011 Christine Merrill 11.94 2010 Boo Rose 11.96 2012 Laiah Blue 11.99 2009 Avery Schulhofer 12.00 2018 Elisa Holiday 12.00 2004 Erica Washington 12.01 1992 Janay Pierce 12.02 2014 Katie Skorupa 12.12 2009 Mckenna Meaney 12.15 2018	800 Meters Sabrina Pimentel 2:09.07 2014 Lindsay Stalker 2:10.33 2005 Mimi Hodgins 2:10.96 2005 Lorato Anderson 2:12.80 2013 Ella Verhees 2:12.88 2017 Kristin Semancin 2:13.25 2018 Maggie Dwire 2:14.01 1997 Robyn Herskowitz 2:14.10 1996 Gisele English 2:14.42 1987 Diane Dunn 2:14.45 2007	5000 Meters Paige Hughes 16:57.30 2016 Audrey Sung 17:00.26 2003 Emily McGregor 17:14.48 2007 Michelle Conlay 17:14.70 1990 Corinne Hinkle 17:20.89 2016 Denise McFayden 17:30.14 1988 Chloe Gustafson 17:36.40 2016 Marie Diaz 17:37.36 2015 Kristin Semancin 17:37.70 2018 Diane Dunn 17:39.78 2008	400 Meter Hurdles Christine Merrill 58.04 2009 Laiah Blue 59.87 2007 Claudia Cox 60.54 2017 Meghan Fletcher 60.59 2018 Caitlin Meagher 61.02 2011 Lauren Irish 61.40 2014 Kelly Strand 61.65 2018 Deyna Roberson 61.76 2011 Clara Wilson 61.88 2004 Corey Sheredy 62.02 2008 Michaela Monahan 62.02 1996
200 Meters	Kelly Fogarty 23.55 2011 Boo Rose 23.96 2012 Christine Merrill 24.18 2010 Elisa Holiday 24.24 2004 Andrea Kouremetis 24.73 1989 Laiah Blue 24.80 2007 Chelsey Kamson 24.84 2013 Lauren Lopez 24.85 2014 Erica Washington 24.88 1993 Jessica Shugart 24.89 1999	1500 Meters Brianna Schofield 4:29.67 2009 Mimi Hodgins 4:29.95 2005 Lindsay Stalker 4:30.02 2005 Diane Dunn 4:30.65 2008 Denise McFayden 4:32.74 1988 Kristin Semancin 4:32.97 2018 Audrey Sung 4:33.50 2003 Michelle DiMeo 4:34.62 2004 Ashleigh Montgomery 4:37.33 2009 Ella Verhees 4:38.10 2015	10000 Meters Emily McGregor 35:26.00 2008 Paige Hughes 35:27.07 2016 Michelle Conlay 35:30.23 1990 Skylar Thiel 36:41.69 2018 Chia Chang 37:02.15 2012 Amanda Burkhardt 37:03.50 2007 Erin O'Donnell 37:22.64 2006 Chandler Colquitt 37:38.85 2014 Karina Carstens 37:44.23 2017 Madison Tanner 37:58.17 2014	4 x 100 Meter Relay Merrill, Skorupa, Fogarty, Blue 45.81 2009 Merrill, Hitchens, Rose, Fogarty 46.29 2010 Weaver, Hitchens, Rose, Fogarty 46.68 2011 Fletcher, Meaney, Wilder, Schulhofer 46.88 2018 Knudson, Skorupa, Merrill, Fogarty 46.94 2008 Hitchens, Kamson, Meagher, Rose 46.98 2012 Heins, Anunwah, Snover, Pierce 47.13 2014 Green, Skorupa, Merrill, Blue 47.14 2007 Hitchens, Kamson, Sato, Heins 47.40 2013 Green, Skorupa, Holiday, Johnson 47.52 2006
400 Meters	Boo Rose 53.30 2012 Christine Merrill 54.76 2010 Sabrina Pimentel 55.95 2013 Anna Lee McGregor 56.04 2009 Lauren Lopez 56.05 2014 Meghan Fletcher 56.29 2018 Jessica Shugart 56.57 2000 Amber Green 56.75 2007 Jackie Chalmers 56.81 2016 Ellexi Snover 57.08 2015	3000 Meter Steeplechase Merin Ayt 10:57.34 2017 Anneke Kakebeen 11:01.73 2015 Camille Perkins 11:03.30 2018 Aaryn Kobayashi 11:19.21 2012 Catherine Strouse 11:20.94 2006 Julie Pope 11:23.02 2003 Meghan Scott 11:24.14 2001 Caprice Thompson 11:27.20 2010 Ashleigh Montgomery 11:28.85 2006 Christa Kloha 11:29.58 2017	100 Meter Hurdles Laiah Blue 13.63 2009 Christine Merrill 13.84 2010 Meredith Perry 14.11 2004 Caitlin Meagher 14.16 2012 Stephanie LeFever 14.18 2011 Lisa Shepard 14.29 1995 Michelle Cummins 14.40 2015 Kayleigh Knudson 14.47 2008 Linda Rainwater 14.53 2009 Caroline Page 14.57 2018	4 x 400 Meter Relay Pimentel, Irish, Roberson, Daise 3:42.17 2012 Roberson, Skorupa, McGregor, Merrill 3:42.97 2009 Blue, McGregor, Merrill, Green 3:44.27 2007 Rose, LeFever, Fogarty, Merrill 3:44.39 2010 Skorupa, Sheredy, Merrill, McGregor 3:45.31 2008 Pimentel, Padilla, Chalmers, Snover 3:45.44 2015 Rose, Irish, Fogarty, Meagher 3:45.99 2011 Pimentel, Irish, Chalmers, Lopez 3:46.63 2014 Chalmers, Padilla, Fletcher, Snover 3:47.45 2016 Schafer, Green, Holiday, Skorupa 3:48.22 2006
Long Jump	Stephanie LeFever 20'3.5" 2011 Whitney Johnson 19'10.75" 2008 Erin Langford 19'3.25" 2012 Leah Murphy 19'1.25" 2010 Elisa Holiday 18'9.25" 2005 Renee Sprowl 18'9.25" 1995 Veronica Bradley 18'8" 2014 Michelle Domino 18'8" 1995 Kristin Sato 18'7.25" 2014 Lisa Shepard 18'5.5" 1997	Triple Jump Whitney Johnson 42'4.25" 2008 Tais Marinho-Gomez 40'1.5" 2018 Natalie Caraway 39'9.75" 2018 Kaylin Siever 39' 8.75" 2004 Chantia Justice 39'7.75" 2014 Kristin Sato 39'6" 2013 Leah Murphy 39'4" 2008 Stephanie LeFever 39'3" 2011 Erin Langford 38'7.75" 2012 Lisa Shepard 38'7.5" 1996	High Jump Linda Rainwater 5'10.5" 2010 Savanna Fory 5'8.75" 2017 Kendra Canape 5'7.75" 2005 Stephanie LeFever 5'7.25" 2010 Chelsea Challacombe 5'7" 2018 Devon Brook 5'7" 2015 Natalie Caraway 5'6" 2018 Kristen Daugherty 5'6" 2016 Kelsey Turner 5'6" 2004 Susan Christy 5'6" 1991	Pole Vault Christina Carr 13'1.5" 2017 Donna LeFever 12'6" 2009 Christina Sloyer 12'5.5" 2008 Megan Benham 12'2.75" 2015 Sydney Blakeley 12'0.5" 2013 Madeleine Flint 12'0.5" 2006 Meredith Perry 11' 9.75" 2004 Carly Heffernan 11'8.5" 2017 Devin Stetson 11'8.5" 2016 Jackie Vu 11'6.5" 2003
Shot Put	Sagrario Hernandez 50'4" 2003 Shannon Quigley 47'10" 1991 Katie Hogan 43'6.5" 2005 Eva Isaacs 43'3.25" 2013 Jillian Sola 43'1.5" 2006 Lauren Anderson 42'9" 2006 Michelle Vavra 42'3.25" 2004 Megan Steel 40'10.25" 2000 Haley Libuit 40'4.75" 2015 Sarah Hendy 39'8.5" 2007	Discus Shannon Quigley 163'2" 1991 Sarah Hendy 160'11" 2009 Shelly Squibb 156'9" 1990 Rachel Beerman 156'0" 1990 Sara Allsup 155'2" 2002 Jillian Sola 154'11" 2007 Debbie Hargrove 152'11" 1991 Esther Nofodji 152'5" 2018 Uchenma Agbahiwie 147'4" 2013 Danielle Thu 146'1" 2011	Hammer Throw Danielle Thu 198'8" 2009 Sagrario Hernandez 172'7" 2003 Marie Archer 171'11" 2010 Megan Bergin 166' 11 2002 Melissa Karmaze 166'8" 2008 Tara Monaghan 164'9" 1996 Savanna Fory 163'0" 2017 Dorienne Ordaz 162'6" 2017 Shana Emile 160'3" 2012 Tina Summers 158'7" 2000	Javelin Briana Hinga 159'1" 2006 Theresa Richards 149'9" 2010 Michelle Beebe 146'11" 2004 Ellexi Snover 143'5" 2015 Jessica Miklaski 143'4" 2013 Haley Libuit 141'6" 2015 Torrey Trust 139'2" 2007 Bobbie Octavo 133'5" 1991 Lynne Brinkman 132'8" 2002 Aletha Vassilikis 131'5" 2012
Heptathlon	Stephanie LeFever 5385 pts 2011 Linda Rainwater 5333 pts 2010 Chelsea Challacombe 4739 pts 2018 Veronica Bradley 4691 pts 2014 Kayleigh Knudson 4601 pts 2008 Amy Beeman 4470 pts 2006 Briana Hinga 4380 pts 2005 Molly Wheatley 4240 pts 1984 Samantha Belvini 4238 pts 2006 Casey Buck 4182 pts 2014	Blue Indicates 2018 Team Members		